UPDATES

Health notices · Tuesday 10 November

3 notices from the agencies today, in plain words, each with the original linked.

No ongoing spread found after severe pneumonia case in Russia

WHO · Outbreak

If you are in Irkutsk Oblast, Russia, or had close contact with a laboratory worker who died after severe pneumonia in late September, this update may apply to you.

WHO says the Russian Federation's public health authorities confirmed the death, tested contacts for high-threat pathogens, and reported all contact test results were negative and everyone stayed symptom-free during follow-up.

WHO also reports no further severe pneumonia cases linked to this event and says there is no evidence of ongoing transmission. A key uncertainty remains that a confirmed diagnosis in the deceased worker was not available in the information shared.

WHO will continue to monitor and assess any public health implications as more information becomes available.

Read the original notice

Fresh To You sausage biscuit sandwiches recalled over possible Listeria

CDC · Food safety

The Centers for Disease Control and Prevention says Fresh & Ready Foods LLC is recalling Fresh To You Brand Sausage, Egg & Cheese Biscuit Sandwiches.

The recall is because the sandwiches may be contaminated with Listeria monocytogenes, an organism that can cause serious and sometimes fatal infections.

If you have young children, or you are pregnant, older, or have a weakened immune system, this could matter to you if you ate the recalled product.

Read the original notice

FDA approval of ZITUVIMET for type 2 diabetes

FDA · Approval

If you have type 2 diabetes and are an adult, the FDA approved ZITUVIMET (sitagliptin and metformin) as an add-on to diet and exercise to improve glycemic control.

ZITUVIMET is not recommended for people with type 1 diabetes, and it has not been studied in people with a history of pancreatitis.

Your label guidance includes that it is unknown whether a prior history of pancreatitis raises the risk of pancreatitis while using ZITUVIMET.

Read the original notice

Where this comes from

- No ongoing spread found after severe pneumonia case in Russia

  World Health Organization - Disease Outbreak News · https://www.who.int/emergencies/disease-outbreak-news/item/2026-DON620
- Fresh To You sausage biscuit sandwiches recalled over possible Listeria

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766813
- FDA approval of ZITUVIMET for type 2 diabetes

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=077124