UPDATES

# Health notices · Friday 30 October

3 notices from the agencies today, in plain words, each with the original linked.

## Ground cinnamon recalled due to elevated lead levels

CDC · Food safety

If you bought Wise Wife Brand Ground Cinnamon, the Centers for Disease Control and Prevention reports a voluntary recall by SLR Food Distribution Inc.

The product may be contaminated with elevated levels of lead, which can be harmful if consumed.

Check whether your cinnamon matches the recalled product and avoid using it as instructed by the recall.

Date: 2026-10-29. Location: Hicksville, New York.

What to do

Read the original notice

- Do not use Wise Wife Brand Ground Cinnamon that matches the recall.

## NIOSH updates maritime safety and health information

CDC · Guidance

If you work in maritime industries-such as shipyards, marine terminals, marine transportation, seafood processing, commercial fishing, aquaculture, or commercial diving-this CDC/NIOSH update summarizes hazards and risk of injury and illness.

NIOSH says maritime workers face a higher risk of fatal injury, nonfatal injury, and illness than the national average, and some hazards are unique to specific maritime settings.

NIOSH's Center for Maritime Safety and Health says it is studying high-priority maritime industries to improve occupational safety and health, especially where workers are in small businesses or remote locations.

Read the original notice

## FDA approves ZITUVIMET for adults with type 2 diabetes

FDA · Approval

If you have type 2 diabetes and your treatment includes diet and exercise, the FDA has approved ZITUVIMET (sitagliptin plus metformin). It is taken by mouth as an extended-release tablet.

Sitagliptin is a dipeptidyl peptidase-4 (DPP-4) inhibitor, which helps improve blood sugar control. Metformin hydrochloride is a biguanide that also helps with glucose control.

ZITUVIMET is not recommended if you have type 1 diabetes, and it has not been studied in people with a history of pancreatitis (inflammation of the pancreas).

What to do

Read the original notice

- Do not use ZITUVIMET if you have type 1 diabetes.

## Where this comes from

- Ground cinnamon recalled due to elevated lead levels

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766767
- NIOSH updates maritime safety and health information

  Centers for Disease Control and Prevention · https://tools.cdc.gov/api/v2/resources/purls/CHLXS
- FDA approves ZITUVIMET for adults with type 2 diabetes

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=076818