UPDATES

Health notices · Friday 23 October

3 notices from the agencies today, in plain words, each with the original linked.

WinCo Foods recalls hoagie rolls with undeclared sesame

CDC · Food safety

WinCo Foods LLC has issued an allergy alert and recall for its hoagie rolls because sesame is undeclared on the product.

This matters if you have a sesame allergy, because the food may contain sesame even when it is not listed.

Published October 22, 2026. The recalled rolls are WinCo Foods brand Hoagie Rolls from WinCo Foods in Boise, Idaho.

Read the original notice

Class II recall for lidocaine ointment due to content uniformity failure

FDA · Recall

If you have been using lidocaine ointment (a numbing medicine), the FDA says a class II recall applies to lidocaine ointment USP 5% in certain packages from Taro Pharmaceuticals U.S.A., Inc.

The recall was triggered because the product failed content uniformity specifications, which means the medicine amount may not meet required consistency standards.

The affected item was distributed across the USA nationwide; the FDA notice does not include specific instructions in the information provided here.

Read the original notice

FDA approves ZITUVIMET for adults with type 2 diabetes

FDA · Approval

If you have type 2 diabetes, the FDA has approved ZITUVIMET (brand name) as an add-on to diet and exercise to improve blood sugar control.

ZITUVIMET combines sitagliptin, a DPP-4 (dipeptidyl peptidase-4) inhibitor, and metformin, a biguanide. Together, they are intended to help lower glucose levels.

ZITUVIMET is not recommended for people with type 1 diabetes. It also hasn't been studied in people with a history of pancreatitis, and it's unknown whether that history changes pancreatitis risk.

Read the original notice

Where this comes from

- WinCo Foods recalls hoagie rolls with undeclared sesame

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766725
- Class II recall for lidocaine ointment due to content uniformity failure

  US Food and Drug Administration - enforcement report · https://www.fda.gov/drugs/drug-safety-and-availability/drug-recalls
- FDA approves ZITUVIMET for adults with type 2 diabetes

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=200690