UPDATES

Health notices · Monday 19 October

3 notices from the agencies today, in plain words, each with the original linked.

Lidl US recalls Gelatelli Gelato due to possible Listeria contamination

CDC · Food safety

If you bought Lidl US Gelatelli Coffee & Vanilla Gelato (Coffee Sauce & Cookie Pieces, 16 FL OZ / 1 PT), lot 085261, best by MAR/26/2028, this recall may affect you.

The product may be contaminated with Listeria monocytogenes, an organism that can cause serious illness in some people.

Read the original notice

FDA approval for INVOKAMET XR

FDA · Approval

If you have type 2 diabetes, the FDA has approved INVOKAMET XR, a combination medicine that includes canagliflozin and metformin (extended-release). It is taken by mouth, as an adjunct to diet and exercise, to improve glycemic control.

For people who are 10 years or older with type 2 diabetes, this approval includes use to improve blood sugar. Canagliflozin in INVOKAMET XR also helps reduce certain risks in adults with type 2 diabetes and established cardiovascular disease or diabetic kidney disease.

This means there is a newly approved extended-release option that combines these two medicines for blood sugar control and, for eligible adults, certain heart and kidney outcomes.

Read the original notice

Broccoli seed recall due to possible Salmonella contamination

CDC · Food safety

The Centers for Disease Control and Prevention is reporting a recall of HOME GROWN Green Sprouting Calabrese Broccoli Seeds from EAK Distribution LLC.

The seeds may be contaminated with Salmonella, which can cause serious and sometimes

fatal infections, especially in young children, frail people, or older adults.

If you have these seeds, the safest next step is to follow the recall instructions from the company or the retailer where you bought them, and avoid eating them.

What to do

Read the original notice

- Check the recall details for HOME GROWN Green Sprouting Calabrese Broccoli Seeds and follow the recall instructions.

Where this comes from

- Lidl US recalls Gelatelli Gelato due to possible Listeria contamination

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766701
- FDA approval for INVOKAMET XR

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=205879
- Broccoli seed recall due to possible Salmonella contamination

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766576