UPDATES

Health notices · Thursday 15 October

3 notices from the agencies today, in plain words, each with the original linked.

Pan Pepin recalls Para Bien Al Grano due to undeclared sesame

CDC · Food safety

If you have a sesame allergy, this could affect you. The CDC says Pan Pepin Inc. is recalling certain lots of Para Bien Al Grano because sesame may be in the product but was not declared.

This matters because sesame exposure can trigger allergic reactions in people with sesame allergy. Check whether your product matches the recalled lots.

If you have the recalled product, follow the recall instructions from the company or seller to avoid further exposure.

Read the original notice

FDA class II recall of certain paroxetine extended-release tablets

FDA · Recall

If you take paroxetine extended-release tablets, the US Food and Drug Administration reports a Class II recall of certain Apotex-made 37.5 mg, 30-count bottles sold on prescription across the US.

The reason given is that these tablets failed dissolution specifications, meaning they may not release the medicine in the way intended.

If you have one of the recalled bottles, you may notice no difference, but the FDA is flagging this specific product for concern. The notice does not list actions for patients.

Read the original notice

Ebola transmission is intense and expanding in the DRC

WHO · Outbreak

If you live in, or are travelling to, parts of the Democratic Republic of the Congo affected by Bundibugyo virus disease (BVD), this outbreak is currently worsening. WHO reports expanding

transmission across interconnected geographic clusters.

WHO says the outbreak has spread from Mongbwalu to 54 health zones across six provinces (Ituri, North Kivu, South Kivu, Haut-Uélé, Tshopo, Bas-Uélé). Reported cases and deaths continue to rise, with high mortality.

Response activities are being scaled up, including expanding treatment-centre coverage and training health and care workers. WHO also highlights surveillance and closer work with communities as priority areas.

Read the original notice

Where this comes from

- Pan Pepin recalls Para Bien Al Grano due to undeclared sesame

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766657
- FDA class II recall of certain paroxetine extended-release tablets

  US Food and Drug Administration - enforcement report · https://www.fda.gov/drugs/drug-safety-and-availability/drug-recalls
- Ebola transmission is intense and expanding in the DRC

  World Health Organization - Disease Outbreak News · https://www.who.int/emergencies/disease-outbreak-news/item/2026-DON615