UPDATES

Health notices · Friday 9 October

3 notices from the agencies today, in plain words, each with the original linked.

Broccoli sprouting seeds recalled over possible Salmonella contamination

CDC · Food safety

If you bought Gardeners Basics broccoli sprouting seeds (one-pound bags), they may be contaminated with Salmonella. This can cause serious, sometimes fatal infections-especially in young children, frail or elderly people, and others with weakened immune systems.

If you are in one of these groups and have these seeds, this may affect you because eating contaminated seeds could raise your risk of infection.

Read the original notice

WHO reports Bundibugyo virus case imported to Kenya and outbreak expansion

WHO · Outbreak

WHO has been informed of a laboratory-confirmed imported case of Bundibugyo virus disease in Kenya. The person travelled from the Democratic Republic of the Congo to Kenya through Uganda, was hospitalized, and died on 5 October 2026.

WHO says public health response measures have started in Kenya and Uganda, including contact tracing. WHO also reports the Bundibugyo virus outbreak in the Democratic Republic of the Congo expanded to one additional health zone, Alimbongo, in North Kivu.

If you are in Kenya or Uganda, or you had recent exposure linked to travel from the Democratic Republic of the Congo, this may increase local public health activity and the chance you could be contacted as part of contact tracing.

Read the original notice

FDA Class II alert for Clear Eyes redness-relief eye drops

FDA · Recall

If you use Clear Eyes Redness Relief, Lubricant/Redness Reliever Eye Drops, the FDA has

issued a Class II alert due to a lack of assurance of sterility. "Sterile" means free from germs.

This product was distributed nationwide in the USA. It was sold in a 0.5 fl oz (15 mL) dropper bottle.

If sterility is not assured, there is a risk of infection. Contact your eye-care professional if you develop eye pain, worsening redness, discharge, or vision changes.

Read the original notice

Where this comes from

- Broccoli sprouting seeds recalled over possible Salmonella contamination

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766604
- WHO reports Bundibugyo virus case imported to Kenya and outbreak expansion

  World Health Organization - Disease Outbreak News · https://www.who.int/emergencies/disease-outbreak-news/item/2026-DON619
- FDA Class II alert for Clear Eyes redness-relief eye drops

  US Food and Drug Administration - enforcement report · https://www.fda.gov/drugs/drug-safety-and-availability/drug-recalls