UPDATES

Health notices · Wednesday 7 October

3 notices from the agencies today, in plain words, each with the original linked.

LubriFresh P.M. Nighttime Ointment recalled for sterility concern

FDA · Recall

If you have used Major LubriFresh P.M. Nighttime Ointment, the US Food and Drug Administration has issued a Class II recall notice.

The reason given is lack of assurance of sterility, meaning the product's cleanliness/sterile quality was not assured.

The notice was published on 2026-09-30, and the ointment was distributed nationwide in the USA.

Read the original notice

AvKare lubricant eye drops recalled for sterility concern

FDA · Recall

If you use AvKare carboxymethylcellulose sodium 0.5% lubricant eye drops, the US Food and Drug Administration says there's a sterility concern. "Sterile" means free from germs that can cause infection.

The notice is for AvKare's product distributed nationwide in the USA. The FDA published this classification on 2026-09-30.

What changes for you tomorrow: you may need to stop using these specific drops and check whether your bottle matches the recalled product so you're not using something that may not be reliably germ-free.

No specific next step was included in the notice you provided.

Read the original notice

FDA approval for nintedanib capsules

FDA · Approval

If you are an adult with idiopathic pulmonary fibrosis (IPF) or a chronic fibrosing interstitial lung disease (ILD) that has a progressive phenotype, the FDA has approved nintedanib for treatment.

Nintedanib is a kinase inhibitor, a medicine that targets specific cellular signals involved in disease processes. For you, this means a new FDA-approved option is available where treatment was not previously an FDA approval.

The notice does not describe specific next steps for patients beyond the approval itself.

Read the original notice

Where this comes from

- LubriFresh P.M. Nighttime Ointment recalled for sterility concern

  US Food and Drug Administration - enforcement report · https://www.fda.gov/drugs/drug-safety-and-availability/drug-recalls
- AvKare lubricant eye drops recalled for sterility concern

  US Food and Drug Administration - enforcement report · https://www.fda.gov/drugs/drug-safety-and-availability/drug-recalls
- FDA approval for nintedanib capsules

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=219708