UPDATES

# Health notices · Saturday 26 September

3 notices from the agencies today, in plain words, each with the original linked.

## FDA approved Synjardy for type 2 diabetes treatment

FDA · Approval

If you have type 2 diabetes, the FDA has approved Synjardy (and Synjardy XR) to be used with diet and exercise to improve glycemic control (blood sugar levels).

Synjardy combines empagliflozin, an SGLT2 inhibitor (helps lower blood sugar by affecting the kidneys), with metformin. For adults, empagliflozin is also indicated to reduce certain risks related to heart and kidney disease.

Your prescription may need to change only if your clinician decides Synjardy/Synjardy XR is appropriate for you. This approval is for specific types of diabetes and age groups described in the label.

Read the original notice

## Acetylcysteine solution contaminated with particulate matter

FDA · Recall

The FDA has issued a Class II recall for acetylcysteine solution, USP 20% (200 mg/mL) that is packaged as a 4 mL vial or multiple 4 mL vials. The product is marked NOT FOR INJECTION.

This recall is because contaminated particles were found, including hair, glass, and/or paraformaldehyde.

If you have this product, follow the recall instructions provided with the notice. If you are unsure, use the contacting information in the recall materials to confirm what to do next.

Read the original notice

## Ebola outbreak in DR Congo expands to two more health zones

WHO · Outbreak

If you live in or travel to parts of the Democratic Republic of the Congo affected by Bundibugyo

virus Ebola, the situation has worsened. Two additional health zones have been affected since the last WHO outbreak update.

As of 23 September 2026, WHO reports 7,890 confirmed cases and 3,799 deaths in the country. WHO says daily new cases remain high and that delays in early detection and care are ongoing.

New affected areas increase the risk of cross-border transmission. Serious illness and deaths continue, including deaths occurring in communities, households, and healthcare settings.

Read the original notice

## Where this comes from

- FDA approved Synjardy for type 2 diabetes treatment

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=212374
- Acetylcysteine solution contaminated with particulate matter

  US Food and Drug Administration - enforcement report · https://www.fda.gov/drugs/drug-safety-and-availability/drug-recalls
- Ebola outbreak in DR Congo expands to two more health zones

  World Health Organization - Disease Outbreak News · https://www.who.int/emergencies/disease-outbreak-news/item/2026-DON618