UPDATES

Health notices · Saturday 19 September

3 notices from the agencies today, in plain words, each with the original linked.

Flour and bread mix recalled over possible undeclared wheat gluten

CDC · Food safety

If you have celiac disease or severe gluten intolerance, you could react if you eat products that contain wheat gluten but don't declare it.

CDC reports recalls of Truly AIP All Purpose Flour and Bread Mix and EAT G.A.N.G.S.T.E.R. Flat Bread Pizza Mix because of potential undeclared wheat gluten.

This recall was published on 18 September 2026. For these products, the main change is the added risk from gluten that wasn't disclosed.

Read the original notice

FDA approval for palbociclib (Ibrance) for breast cancer

FDA · Approval

If you are an adult with HR-positive, HER2-negative advanced or metastatic breast cancer, the FDA-approved medicine palbociclib (Ibrance) can be used in combination with other endocrine treatments.

If you have endocrine-resistant, PIK3CA-mutated, HR-positive, HER2-negative locally advanced or metastatic breast cancer, Ibrance is approved in combination with inavolisib and fulvestrant (as detected by an FDA-authorized test).

If you have HR-positive, HER2-positive locally advanced or metastatic breast cancer, Ibrance is approved in combination with trastuzumab (with or without pertuzumab) and endocrine therapy for maintenance after induction treatment.

Read the original notice

Gias Foods recalls lemon Alfredo fettuccine over possible Listeria risk

CDC · Food safety

If you have young children or you are frail or older, a CDC notice says a food you may have eaten could be recalled due to possible Listeria monocytogenes contamination.

Listeria monocytogenes is an organism (germ) that can cause serious and sometimes fatal infections, especially in young children and people who are frail or elderly.

The recall is for 2 lots of Bettergoods Authentic Italian Lemon Alfredo Fettuccine from Gias Foods, Inc. in New York, New York, published 2026-09-15.

Read the original notice

Where this comes from

- Flour and bread mix recalled over possible undeclared wheat gluten

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766487
- FDA approval for palbociclib (Ibrance) for breast cancer

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=213089
- Gias Foods recalls lemon Alfredo fettuccine over possible Listeria risk

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766488