UPDATES

Health notices · Tuesday 15 September

3 notices from the agencies today, in plain words, each with the original linked.

A&P Creations LLC recalls biQ-FEL due to undeclared sildenafil and tadalafil

CDC · Food safety

If you used biQ-FEL, a product recalled nationwide by A&P Creations LLC, you may have taken undeclared sildenafil and tadalafil.

Sildenafil and tadalafil are active ingredients in FDA-approved prescription medicines used for erectile dysfunction, which are meant to be used under a licensed health care professional's supervision.

Because these ingredients were not declared, you may have taken prescription medicines without that supervision. This could affect you differently than expected from the product label.

Read the original notice

CDC launches "Do I Have Prediabetes?" awareness campaign

CDC · Guidance

If you're an American adult at risk for prediabetes, CDC's "Do I Have Prediabetes?" campaign is meant to help you learn whether you may be high risk.

Prediabetes is when blood sugar levels are higher than normal but not yet diabetes. The campaign aims to encourage longer-term lifestyle changes that can help prevent or delay type 2 diabetes.

You can take a 1-minute prediabetes risk test online and find a National Diabetes Prevention Program near you. The campaign also shares examples of lifestyle changes like eating healthier, managing weight, and being active.

What to do

Read the original notice

- Take the 1-minute prediabetes risk test at DoIHavePrediabetes.org (or PodriaTenerPrediabetes.org in Spanish).

- Find a National Diabetes Prevention Program near you.

So Delicious Dairy Free issues voluntary recall of pints

CDC · Food safety

If you bought So Delicious Dairy Free® Salted Caramel Cluster non-dairy frozen dessert pints, this affects you.

The CDC reports a voluntary recall by Danone USA because the pints may contain foreign material, such as small pieces, despite being packaged for purchase.

Check any remaining pints against the recalled best-by dates (on or before April 3, 2028) and follow the recall notice from the company for next steps.

Read the original notice

Where this comes from

- A&P Creations LLC recalls biQ-FEL due to undeclared sildenafil and tadalafil

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766455
- CDC launches "Do I Have Prediabetes?" awareness campaign

  Centers for Disease Control and Prevention · https://tools.cdc.gov/api/v2/resources/purls/MTXD2
- So Delicious Dairy Free issues voluntary recall of pints

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766454