UPDATES

Health notices · Monday 14 September

3 notices from the agencies today, in plain words, each with the original linked.

Tetanus: causes and how it spreads

CDC · Guidance

Tetanus is an uncommon but serious infection caused by bacteria that live in the environment. Spores of the bacteria are common in soil, dust, and manure, and can enter the body through broken skin.

Tetanus does not spread from person to person. You can still get tetanus more than once. It may enter through cuts or wounds, especially contaminated wounds, puncture wounds, or injuries with dead tissue.

To protect yourself, stay up to date with recommended tetanus vaccinations, and seek appropriate care after a wound.

What to do

Read the original notice

- Stay up to date with recommended tetanus vaccinations.
- Seek appropriate care after a wound.

FDA approves Zituvimet for type 2 diabetes

FDA · Approval

If you have type 2 diabetes, the FDA has approved ZITUVIMET, a tablet taken by mouth that combines sitagliptin and metformin.

Sitagliptin is a DPP-4 inhibitor (a medicine that affects incretins that help regulate blood sugar), and metformin is a biguanide (a medicine that helps lower blood sugar).

ZITUVIMET is used alongside diet and exercise. It is not recommended if you have type 1 diabetes, and it has not been studied if you have a history of pancreatitis.

What to do

Read the original notice

- Take ZITUVIMET as an adjunct to diet and exercise to improve glycemic control, as indicated in the label.

Dog food recalled over possible Salmonella contamination

CDC · Food safety

If you feed a dog with Woof Complete Canine Chicken Recipe, this recall may affect you. Oma's Pride, of Avon, Connecticut, is voluntarily recalling one lot because the product may contain Salmonella.

Salmonella is a germ that can make people and animals sick with foodborne illness. Check whether you have the recalled lot (Lot BB012729) and stop using it as instructed by the recall.

If anyone in your household becomes ill after contact with the food, seek medical care and mention the exposure to this recalled product.

What to do

Read the original notice

- Do not use the recalled Woof Complete Canine Chicken Recipe (Lot BB012729) and follow the recall instructions from Oma's Pride.

Where this comes from

- Tetanus: causes and how it spreads

  Centers for Disease Control and Prevention · https://tools.cdc.gov/api/v2/resources/purls/B6Z52
- FDA approves Zituvimet for type 2 diabetes

  US Food and Drug Administration - Drugs@FDA · https://www.accessdata.fda.gov/scripts/cder/daf/index.cfm?event=overview.process&ApplNo=217829
- Dog food recalled over possible Salmonella contamination

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766264