UPDATES

Health notices · Tuesday 8 September

3 notices from the agencies today, in plain words, each with the original linked.

Ebola outbreak continues in Democratic Republic of the Congo and Uganda

WHO · Outbreak

The World Health Organization reports that the Ebola disease caused by Bundibugyo virus is ongoing, with increasing case numbers and geographic spread in the Democratic Republic of the Congo.

As of 10 June, 676 confirmed cases (including 136 deaths) were reported in the Democratic Republic of the Congo. As of 11 June, Uganda reported 19 confirmed cases (including two deaths) and one probable case who died.

In Uganda, transmission is linked to infections originating in the Democratic Republic of the Congo, including secondary transmission among contacts and healthcare workers. The outbreak remains under a response package in both countries.

Read the original notice

CDC to host ME/CFS stakeholder calls

CDC · Guidance

If you have ME/CFS, CDC is hosting ME/CFS Stakeholder Engagement and Communication (SEC) calls to share CDC program updates and presentations from guest speakers.

A "save the date" webinar is scheduled for Sept. 18, 2026 (3-4:30 p.m. ET) and includes a Q&A, along with CDC program updates.

The CDC page also lists past SEC calls on topics such as POTS, viruses in ME/CFS, and research updates from early career investigators.

What to do

Read the original notice

- Register for the webinar: CDC ME/CFS Stakeholder Engagement and Communications (SEC) Call.

Lacnola Lactation Granola recalled over possible Salmonella contamination

CDC · Food safety

If you have young children, are frail or elderly, or have a weakened immune system, this recall may affect you. It involves Lacnola Lactation Granola (8-ounce packages).

The Centers for Disease Control and Prevention says the product may be contaminated with Salmonella, which can cause serious and sometimes fatal infections in these groups.

What to do

Read the original notice

- Do not eat the recalled Lacnola Lactation Granola (8-ounce packages).
- Follow the recall instructions for Hampton Grocers, Inc. products to decide whether to throw away or return them.

Where this comes from

- Ebola outbreak continues in Democratic Republic of the Congo and Uganda

  World Health Organization - Disease Outbreak News · https://www.who.int/emergencies/disease-outbreak-news/item/2026-DON607
- CDC to host ME/CFS stakeholder calls

  Centers for Disease Control and Prevention · https://tools.cdc.gov/api/v2/resources/purls/VMG47
- Lacnola Lactation Granola recalled over possible Salmonella contamination

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766251