UPDATES

Health notices · Wednesday 2 September

3 notices from the agencies today, in plain words, each with the original linked.

Iceberg lettuce recalled over possible Cyclospora contamination risk

CDC · Food safety

If you've eaten iceberg lettuce sourced from central Mexico, CDC says Taylor Fresh Foods is voluntarily removing it from the U.S. market because it may be contaminated with Cyclospora.

Most people infected with Cyclospora develop diarrhea with frequent bowel movements.

The recall was published on 2026-07-17, for iceberg lettuce sourced from central Mexico.

If you feel unwell after eating it, the notice does not include specific steps to take.

Read the original notice

WHO declares Ebola outbreak a public health emergency

WHO · Outbreak

WHO says an outbreak of Ebola disease caused by Bundibugyo virus has been confirmed in both the Democratic Republic of the Congo (DRC) and Uganda, and WHO's Director-General has determined it is a public health emergency of international concern.

As of 21 May 2026, the DRC reported 746 suspected cases and 176 suspected-case deaths, and 85 confirmed cases (including two in Uganda) and 10 deaths among confirmed cases across both countries.

In DRC, spread is concentrated in Ituri, North Kivu and South Kivu provinces. Uganda reports two imported cases with no confirmed local transmission. Response teams and treatment centres are being set up, with strengthened surveillance and infection prevention and control.

Read the original notice

Lidl recalls cookies due to undeclared wheat, soy, milk, and egg allergens

CDC · Food safety

If you have allergies to wheat, soy, milk, or eggs, this may affect you. The Centers for Disease

Control and Prevention reports Lidl US is recalling these cookies due to undeclared allergens.

The recall covers all units of Eridanous Shortbread Cookies with Chocolate Truffle Coating & Apricot Filling (11.6 oz/330 g) with UPC 4056489125839.

Do not eat the recalled product if you have any of these allergies.

Read the original notice

Where this comes from

- Iceberg lettuce recalled over possible Cyclospora contamination risk

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766042
- WHO declares Ebola outbreak a public health emergency

  World Health Organization - Disease Outbreak News · https://www.who.int/emergencies/disease-outbreak-news/item/2026-DON603
- Lidl recalls cookies due to undeclared wheat, soy, milk, and egg allergens

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766107