UPDATES

Health notices · Sunday 30 August

3 notices from the agencies today, in plain words, each with the original linked.

Company expands recall of radish sprout mix over possible bacteria contamination

CDC · Food safety

If you bought or may have eaten sprouts from Everything Sprouts, LLC, the recall has expanded to include certain Robust Radish Sprout Mix lots.

The products could be contaminated with STEC (Shiga toxin producing E. coli) or Salmonella bacteria, which can cause gastrointestinal illness.

If you still have the recalled items, follow the recall information provided by the company or retailer for what to do next.

Read the original notice

Jalapeño-containing products recalled over possible Salmonella

CDC · Food safety

If you have purchased NatureBest Precut & Produce LLC products containing jalapeño peppers from the supply chain described in this recall, this may affect you. The concern is potential contamination with Salmonella.

Salmonella is a germ (an organism) that can cause serious illness. The recall is meant to lower the chance of eating contaminated jalapeño peppers.

The recall was published on 2026-08-08. NatureBest's facilities are listed as in Missouri City, TX and Houston, TX.

Follow the recall information from the company as described in the notice, since the products are being withdrawn due to possible contamination.

Read the original notice

CDC updates clinical guidance for flea-borne typhus

CDC · Guidance

If you have a persistent fever and you may have been exposed to fleas (including from rats, cats, or opossums), CDC advises clinicians to treat suspected flea-borne typhus promptly. Symptoms can include headache, rash, body aches, nausea/vomiting, abdominal pain, cough, and confusion.

CDC notes that early laboratory tests may be unreliable. Treatment should not be delayed while waiting for laboratory confirmation. When treated early, illness is typically less severe and recovery is shorter.

If you notice flea bites or possible exposure and you develop fever, contact a clinician promptly for evaluation. If you are in a cluster of similar illnesses, local or state health departments may need to be notified to help prevent further exposures.

What to do

Read the original notice

- Seek medical evaluation for suspected flea-borne typhus based on clinical suspicion, without waiting for laboratory confirmation.

Where this comes from

- Company expands recall of radish sprout mix over possible bacteria contamination

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766336
- Jalapeño-containing products recalled over possible Salmonella

  CDC - food safety · https://tools.cdc.gov/podcasts/download.asp?m=316422&c=766246
- CDC updates clinical guidance for flea-borne typhus

  Centers for Disease Control and Prevention · https://tools.cdc.gov/api/v2/resources/purls/NGNP2